

## A Steklov Version of the Torsional Rigidity

**Mikel Ispizua**

joint work with Lorenzo Brasco and María del Mar González

[mikel.ispizua@uam.es](mailto:mikel.ispizua@uam.es)

**Workshop: Regularity for nonlinear diffusion equations. Green functions and functional inequalities**

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## Introduction

From now on we set:  $\Omega \subset \mathbb{R}^N$  with  $\partial\Omega$  Lipschitz and normal vector  $\nu_\Omega$ , and  $\delta > 0$ .

■ *Classical torsional rigidity:*

$$T(\Omega) = \sup_{\varphi \in W^{1,2}(\Omega) \setminus \{0\}} \frac{\left( \int_{\Omega} \varphi \, dx \right)^2}{\int_{\Omega} |\nabla \varphi|^2 \, dx} \quad \rightarrow \quad \begin{cases} -\Delta v_\Omega & = 1, & \text{in } \Omega, \\ v_\Omega & = 0, & \text{on } \partial\Omega. \end{cases}$$

■ *Boundary torsional rigidity functional*

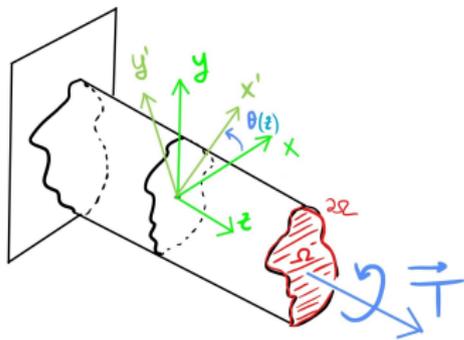
$$T(\Omega; \delta) = \sup_{\varphi \in W^{1,2}(\Omega) \setminus \{0\}} \frac{\left( \int_{\partial\Omega} \varphi \, d\mathcal{H}^{N-1} \right)^2}{\int_{\Omega} |\nabla \varphi|^2 \, dx + \delta^2 \int_{\Omega} \varphi^2 \, dx} \quad \rightarrow$$

$$\rightarrow \quad \begin{cases} -\Delta u + \delta^2 u & = 0, & \text{in } \Omega, \\ \langle \nabla u, \nu_\Omega \rangle & = 1, & \text{on } \partial\Omega. \end{cases}$$

# Motivation

## Motivation: Torsion Problem by Saint Venant (1797-1886)

- (i) *Rotation* of the cross-sections as rigid bodies.
- (ii) *Warping* phenomena, equal for all the cross-sections.



$$\begin{cases} -\Delta v_{\Omega} = 1, & \text{in } \Omega, \\ v_{\Omega} = 0, & \text{on } \partial\Omega, \end{cases}$$

where  $v_{\Omega}$  is the so called *stress-function*.

- The resultant torque  $T(\Omega)$ , *torsional rigidity*, can be expressed as

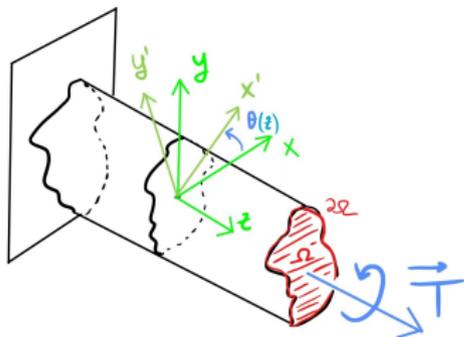
$$T(\Omega) = \int_{\Omega} v_{\Omega} \, dx$$

- Let  $\Omega^*$  be any circle having the same area as  $\Omega$ . Then ([Pölya, 50][Makai, 66])

$$T(\Omega) \leq T(\Omega^*)$$

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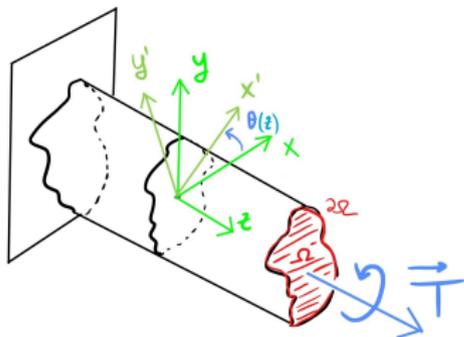
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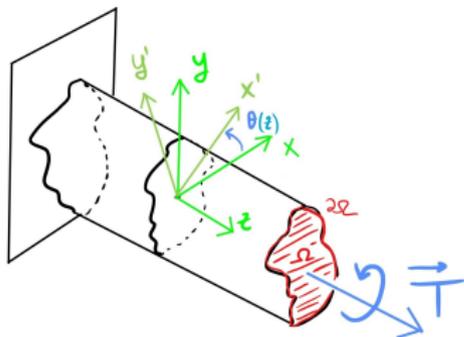
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### Steklov Eigenvalue Problem

$$\begin{cases} -\Delta u = 0, & \text{in } \Omega, \\ \langle \nabla u, \nu_\Omega \rangle = \sigma u, & \text{on } \partial\Omega. \end{cases}$$

Due to the compact embedding  $W^{1,2}(\Omega) \hookrightarrow L^q(\partial\Omega) \implies$  increasing sequence of eigenvalues  $\{\sigma_n(\Omega; \delta)\}_{n \in \mathbb{N}}$ .

Applications [N. Kuznetsov, T. Kulczycki, M. Kwásnicki, A. Nazarov, S. Poborchi, I. Polterovich, B. Siudeja, 2014]:

- In engineering or physics: sloshing problem, electric impedance tomography, stationary heat distribution with flux at the boundary dependent of temperature...
- In "pure" mathematics: spectral shape optimization, Dirichlet to Neumann operator...

Among all simply connected plane domains the disc maximizes  $\sigma_2$  [R. Weinstock 1954], this is:

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## Motivation: Limit of a Stationary Reaction-Diffusion Problem

Let  $\Omega \subset \mathbb{R}^N$  with  $C^2$  boundary  $\partial\Omega$ . We define the strip

$$w_\varepsilon = \{x - \alpha\nu_\Omega(x), x \in \partial\Omega, \alpha \in [0, \varepsilon]\}$$

and we call  $\chi_\varepsilon$  its characteristic function. Then, present the following problem:

$$\begin{cases} -\nabla \cdot (a(x)\nabla u^\varepsilon(x)) + \lambda u^\varepsilon(x) + c(x)u^\varepsilon & = \frac{1}{\varepsilon}\chi_\varepsilon f_\varepsilon & \text{in } \Omega, \\ a(x)\langle \nabla u^\varepsilon, \nu_\Omega \rangle + b(x)u^\varepsilon & = 0 & \text{on } \partial\Omega. \end{cases} \quad (1)$$

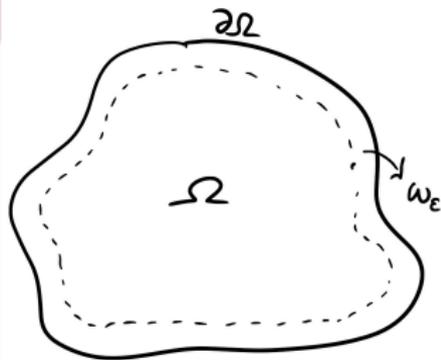
Theorem [J. M. Arrieta, A. Jiménez-Casas, A. Rodríguez-Bernal, 2008]

Set

$$a = 1 \quad b = c = 0 \quad \lambda = \delta^2 \quad \text{and} \quad f_\varepsilon = 1.$$

Then, by taking the limit as  $\varepsilon \rightarrow 0$  we get that the unique solution  $u_\varepsilon$  of (1) converges to the solution of

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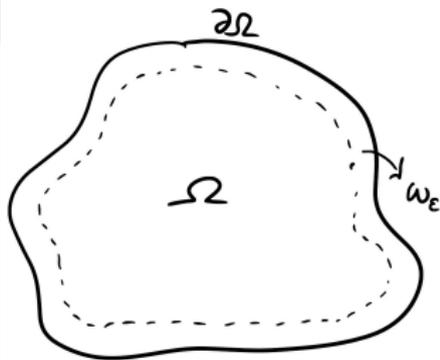
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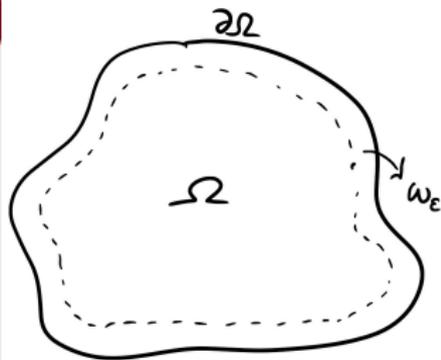
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# Boundary Torsional Rigidity

# First properties

## Scaling laws:

$$\blacksquare u_{t\Omega, \delta/t}(x) = t u_{\Omega, \delta} \left( \frac{x}{t} \right).$$

$$\blacksquare T(t\Omega; \frac{\delta}{t}) = t^N T(\Omega; \delta).$$

Relation to **Sobolev constant**:

$$W^{1,2}(\Omega) \hookrightarrow L^q(\partial\Omega),$$

$1 \leq q \leq 2^\#$ , compact when  $q \neq 2^\#$ .

$$2^\# = \begin{cases} \frac{2N-2}{N-2}, & \text{if } N \geq 3, \\ \text{finite}, & \text{if } N = 2, \end{cases}$$

We set

$$\eta_q(\Omega) = \inf_{\varphi \in W^{1,2}(\Omega)} \left\{ \|\varphi\|_{W^{1,2}(\Omega)}^2 : \|\varphi\|_{L^q(\partial\Omega)} = 1 \right\} > 0,$$

which is the sharp constant for the embedding.

## Lemma

The supremum in the torsion functional is attained and

$$\frac{1}{\delta^2} \frac{(\mathcal{H}^{N-1}(\partial\Omega))^2}{|\Omega|} \leq T(\Omega; \delta) \leq \frac{1}{\min\{1, \delta^2\}} \frac{1}{\eta_1(\Omega)}.$$

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## Proposition: *Unconstrained* concave problem

We reformulate the functional characterization of  $T(\Omega, \delta)$  as

$$T(\Omega; \delta) = \sup_{\varphi \in W^{1,2}(\Omega)} \left\{ 2 \int_{\partial\Omega} \varphi d\mathcal{H}^{N-1} - \int_{\Omega} |\nabla\varphi|^2 dx - \delta^2 \int_{\Omega} \varphi^2 dx \right\}.$$

The supremum above is uniquely attained by a **non-negative** function  $u_{\Omega,\delta} \in W^{1,2}(\Omega)$ , which is the weak solution of the Neumann boundary value problem

$$\begin{cases} -\Delta u + \delta^2 u & = 0, & \text{in } \Omega, \\ \langle \nabla u, \nu_{\Omega} \rangle & = 1, & \text{on } \partial\Omega. \end{cases}$$

This is, it satisfies the following **Weak Boundary Torsion Problem**:

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## Constrained convex problem

Dual formulation [L. Brasco, 2021]

We set

$$\mathcal{A}^+(\Omega) = \left\{ (\phi, g) \in L^2(\Omega; \mathbb{R}^N) \times L^2(\Omega) : \begin{array}{ll} -\operatorname{div} \phi + \delta^2 g \geq 0, & \text{in } \Omega \\ \langle \phi, \nu_\Omega \rangle \geq 1, & \text{on } \partial\Omega \end{array} \right\},$$

with the conditions intended in weak sense. Then, we have

$$T(\Omega; \delta) = \min_{(\phi, g) \in \mathcal{A}^+(\Omega)} \left\{ \int_{\Omega} |\phi|^2 dx + \delta^2 \int_{\Omega} g^2 dx \right\}, \quad (2)$$

and the minimum is uniquely attained by the pair  $(\nabla u_{\Omega, \delta}, u_{\Omega, \delta})$ .

*Proof.* For every non-negative  $\varphi \in W^{1,2}(\Omega)$  and every  $(\phi, g) \in \mathcal{A}^+(\Omega)$ , we get that

$$2 \int_{\partial\Omega} \varphi d\mathcal{H}^{N-1} - \left( \int_{\Omega} |\nabla \varphi|^2 dx + \delta^2 \int_{\Omega} \varphi^2 dx \right) \leq \int_{\Omega} |\phi|^2 dx + \delta^2 \int_{\Omega} g^2 dx,$$

by properties of  $\mathcal{A}^+(\Omega)$  and Young's inequality. Now, the constraint  $\varphi \geq 0$  can be dropped. The rest follows from arbitrariness of  $\varphi$  and  $(\phi, g)$ .  $\square$

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## Relation to the $\delta$ -Steklov Eigenvalue

Recall:

$$\sigma_1(\Omega; \delta) = \min_{\varphi \in W^{1,2}(\Omega)} \frac{\int_{\Omega} |\nabla \varphi|^2 dx + \delta^2 \int_{\Omega} \varphi^2 dx}{\int_{\partial\Omega} u^2 \mathcal{H}^{N-1}}$$

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Due to the compact embedding  $W^{1,2}(\Omega) \hookrightarrow L^q(\partial\Omega) \implies$  increasing sequence of eigenvalues  $\{\sigma_n(\Omega; \delta)\}_{n \in \mathbb{N}}$ .

Notice that by choosing  $\varphi$  to be the characteristic function of  $\Omega$ , we obtain

$$\sigma_1(\Omega; \delta) \leq \delta^2 \frac{|\Omega|}{\mathcal{H}^{N-1}(\partial\Omega)} \quad \text{and thus} \quad \lim_{\delta \rightarrow 0^+} \sigma_1(\Omega; \delta) = 0.$$

Remark: Pòlya type inequality

Applying Hölder's inequality on the boundary integral we get

$$\frac{\sigma_1(\Omega; \delta) T(\Omega; \delta)}{\mathcal{H}^{N-1}(\partial\Omega)} \leq 1,$$

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$$\sigma_1(\Omega; \delta) = \min_{\varphi \in W^{1,2}(\Omega)} \frac{\int_{\Omega} |\nabla \varphi|^2 dx + \delta^2 \int_{\Omega} \varphi^2 dx}{\int_{\partial\Omega} u^2 \mathcal{H}^{N-1}}$$

$$\begin{cases} -\Delta u + \delta^2 u & = 0, & \text{in } \Omega, \\ \langle \nabla u, \nu_{\Omega} \rangle & = \sigma u, & \text{on } \partial\Omega. \end{cases}$$

Due to the compact embedding  $W^{1,2}(\Omega) \hookrightarrow L^q(\partial\Omega) \implies$  increasing sequence of eigenvalues  $\{\sigma_n(\Omega; \delta)\}_{n \in \mathbb{N}}$ .

Notice that by choosing  $\varphi$  to be the characteristic function of  $\Omega$ , we obtain

$$\sigma_1(\Omega; \delta) \leq \delta^2 \frac{|\Omega|}{\mathcal{H}^{N-1}(\partial\Omega)} \quad \text{and thus} \quad \lim_{\delta \rightarrow 0^+} \sigma_1(\Omega; \delta) = 0.$$

Remark: Pòlya type inequality

Applying Hölder's inequality on the boundary integral we get

$$\frac{\sigma_1(\Omega; \delta) T(\Omega; \delta)}{\mathcal{H}^{N-1}(\partial\Omega)} \leq 1,$$

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# Some Properties of the Torsion Function

## Quantitative properties of $u_{\Omega,\delta}$

### Regularity of $u_{\Omega,\delta}$

(i) The  $L^1(\Omega)$  norm of  $u_{\Omega,\delta}$  is given by

$$\int_{\Omega} u_{\Omega,\delta} dx = \frac{\mathcal{H}^{N-1}(\partial\Omega)}{\delta^2}.$$

(ii) Its trace is in  $L^\infty(\partial\Omega)$ , with the following estimate: for every  $2 < q < 2^\#$ ,

$$\|u_{\Omega,\delta}\|_{L^\infty(\partial\Omega)} \leq C_q \left( \frac{T(\Omega; \delta)^{\frac{q-2}{q}}}{\min\{1, \delta^2\} \eta_q(\Omega)} \right)^{\frac{q}{2(q-1)}},$$

where  $C_q > 0$  is a constant only depending on  $q$ , which blows-up as  $q \searrow 2$ .

(iii) *Maximum principle.* We have  $u_{\Omega,\delta} \in L^\infty(\Omega)$  and it holds

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$$\left\| u_M^{\frac{\beta+1}{2}} \right\|_{W^{1,2}(\Omega)}^2 \leq \left( \frac{(\beta+1)^2}{4\beta} + 1 \right) \int_{\partial\Omega} u_M^\beta d\mathcal{H}^{N-1}.$$

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We start with  $i = 0$  and iterate it  $n$  times. Then

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We finish passing to the limit as  $n \rightarrow \infty$  and then as  $M \rightarrow \infty$ .

(iii) Let us set  $L = \|u_{\Omega, \delta}\|_{L^\infty(\partial\Omega)}$  and introduce  $\varphi = (u_{\Omega, \delta} - L)_+ \in W_0^{1,2}(\Omega)$  as test function in the weak formulation

$$\int_{\Omega} |\nabla(u_{\Omega, \delta} - L)_+|^2 dx + \delta^2 \int_{\Omega} u_{\Omega, \delta} (u_{\Omega, \delta} - L)_+ dx = 0.$$

Since both terms are non-negative:

$$\nabla(u_{\Omega, \delta} - L)_+ = 0, \quad \text{and} \quad u_{\Omega, \delta} (u_{\Omega, \delta} - L)_+ = 0, \quad \text{a. e. in } \Omega.$$



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## A few more properties

### Monotonicity

For every  $0 < \delta_0 < \delta_1$ , we have that:  $u_{\Omega, \delta_0} > u_{\Omega, \delta_1}$ , in  $\Omega$

### Asymptotics for $\delta \rightarrow 0$

Under the previous assumptions we have

$$\lim_{\delta \rightarrow 0^+} \|\nabla(\delta^2 u_{\Omega, \delta})\|_{L^2(\Omega)} = 0 \quad \text{and} \quad \lim_{\delta \rightarrow 0^+} \left\| \delta^2 u_{\Omega, \delta} - \frac{\mathcal{H}^{N-1}(\partial\Omega)}{|\Omega|} \right\|_{L^m(\Omega)} = 0,$$

for every  $2 \leq m < +\infty$ . Moreover,

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**Remark.** With previous estimates we can prove that the “naive” lower bound given before,

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# Exact Solutions in Some Special Sets

## Solution in the Ball

We indicate by  $I_\alpha$  and  $K_\alpha$ , the *modified Bessel functions with index  $\alpha$*  of first and second kind, respectively, and by  $\Gamma$  the usual Gamma function. We recall that these functions have the following asymptotic behavior for  $z$  converging to 0:

$$I_\alpha(z) \sim \frac{1}{\Gamma(\alpha + 1)} \left(\frac{z}{2}\right)^\alpha \quad \text{and} \quad K_\alpha(z) \sim \begin{cases} -\log\left(\frac{z}{2}\right), & \text{for } \alpha = 0, \\ \frac{\Gamma(\alpha)}{2} \left(\frac{2}{z}\right)^\alpha, & \text{otherwise,} \end{cases}$$

### Exact solution on the ball

Let  $\delta > 0$  and let  $B \subset \mathbb{R}^N$  be the ball of radius 1, centered at the origin. Then,

$$u_{B,\delta}(x) = \mathcal{U}_\delta(|x|) \quad \text{where} \quad \mathcal{U}_\delta(\varrho) = \frac{\varrho^{1-N/2} I_{N/2-1}(\delta \varrho)}{\delta I_{N/2}(\delta)}.$$

and  $u_{B,\delta}$  is a radially symmetric increasing function. Accordingly, we get

$$T(B; \delta) = \int_{\partial B} u_{B,\delta} d\mathcal{H}^{N-1} = \frac{N \omega_N I_{N/2-1}(\delta)}{\delta I_{N/2}(\delta)}.$$

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## Other exact solutions

*Spherical Shells.* Let  $\delta > 0$ . For  $0 < r < R$ , we consider the spherical shell

$$\Omega = \left\{ x \in \mathbb{R}^N : r < |x| < R \right\}.$$

Then  $u_{\Omega, \delta}$  is a radially symmetric function. This is explicitly given by

$$u_{\Omega, \delta}(x) = \mathcal{V}_{r, R, \delta}(|x|), \quad \text{for } x \in \Omega,$$

where

$$\mathcal{V}_{r, R, \delta}(\varrho) = C_0 \varrho^{1-\frac{N}{2}} I_{N/2-1}(\delta \varrho) + D_0 \varrho^{1-\frac{N}{2}} K_{N/2-1}(\delta \varrho),$$

and the constants  $C_0 = C_0(r, R, \delta) \neq 0$  and  $D = D_0(r, R, \delta) \neq 0$  are explicit.

Accordingly, we get

$$T(\Omega; \delta) = \frac{\left[ r^{1-\frac{N}{2}} K_{N/2}(\delta r) + R^{1-\frac{N}{2}} K_{N/2}(\delta R) \right] \left[ R^{1-\frac{N}{2}} I_{1-N/2}(\delta R) + r^{1-\frac{N}{2}} I_{1-N/2}(\delta r) \right]}{\delta r^{1-\frac{N}{2}} R^{1-\frac{N}{2}} \left[ I_{N/2}(R) K_{N/2}(r) - I_{N/2}(r) K_{N/2}(R) \right]} \\ + \frac{\left[ r^{1-\frac{N}{2}} I_{N/2}(\delta r) + R^{1-\frac{N}{2}} I_{N/2}(\delta R) \right] \left[ R^{1-\frac{N}{2}} K_{1-N/2}(\delta R) + r^{1-\frac{N}{2}} K_{1-N/2}(\delta r) \right]}{\delta r^{1-\frac{N}{2}} R^{1-\frac{N}{2}} \left[ I_{N/2}(r) K_{N/2}(R) - I_{N/2}(R) K_{N/2}(r) \right]}.$$

## Other exact solutions

*Hyperrectangle.* Let  $\delta > 0$  and let  $\ell_1, \ell_2, \dots, \ell_N > 0$ . If we set

$$\Omega = \prod_{i=1}^N (-\ell_i, \ell_i),$$

then we have

$$u_{\Omega, \delta}(x) = \sum_{i=1}^N \frac{\cosh(\delta x_i)}{\delta \sinh(\delta \ell_i)}, \quad \text{for every } x = (x_1, \dots, x_N) \in \Omega. \quad (3)$$

Its boundary torsional rigidity is given by

$$T(\Omega; \delta) = \sum_{k=1}^N \left[ \frac{1}{\delta \tanh(\delta \ell_k)} \mathcal{H}^{N-1}(\Sigma_k) + \sum_{i \neq k} \frac{1}{\delta^2} \mathcal{H}^{N-2}(\Sigma_{k,i}) \right],$$

where

$$\Sigma_k = \left\{ x \in \bar{\Omega} : |x_k| = \ell_k \right\} \quad \text{and} \quad \Sigma_{k,i} = \left\{ x \in \bar{\Omega} : |x_k| = \ell_k, |x_i| = \ell_i \right\}.$$

## Geometric Estimates

- Lower bound in dim 2.
- Lower bound in dim  $N$  (Convex sets).
- Upper bound in dim  $N$  (Convex sets).

## Geometric Properties in dim 2

Let  $\mathbb{D} = \{x \in \mathbb{R}^2 : |x| < 1\}$  and  $\Omega \subsetneq \mathbb{R}^2$ . Given a point  $x_0 \in \Omega$ ,

- *Riemann Mapping Theorem* states that there exists a unique (up to a rotation) holomorphic isomorphism

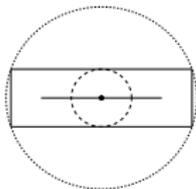
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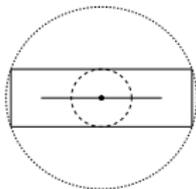
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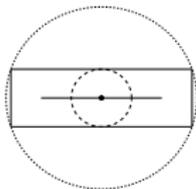
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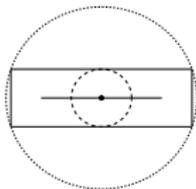
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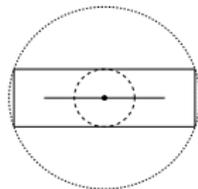
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Let  $\Omega \subset \mathbb{R}^2$  be a bounded simply connected open set, with  $\partial\Omega \in C^{1,\alpha}$ . Then,

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We insert this estimate in the torsion functional and use that  $u$  is optimal for the disk to get

$$\frac{1}{T(\Omega; \delta)} \leq \left( \frac{\delta I_1(\delta)}{I_0(\delta)} \right)^2 \frac{\int_{\partial\mathbb{D}} u d\mathcal{H}^1 + \delta^2 \varepsilon \int_{\mathbb{D}} u^2 dw}{(\mathcal{H}^1(\partial\Omega))^2}.$$

We indicate the solution in  $\mathbb{D}$  as

$$u(x) = \mathcal{U}_\delta(\varrho) = \frac{\varrho^{1-N/2} I_{N/2-1}(\delta \varrho)}{\delta I_{N/2}(\delta)}$$

where  $\varrho = |x|$ .

## Convex sets N-dim

### Theorem (Lower bound for convex sets)

Let  $\delta > 0$  and let  $\Omega \subset \mathbb{R}^N$  be an open bounded **convex** set. Then,

$$T(\Omega; \delta) > \frac{\mathcal{H}^{N-1}(\partial\Omega)}{\delta \tanh(\delta r_\Omega)}.$$

Moreover, the estimate is sharp in the following sense: we have

$$\lim_{n \rightarrow \infty} \frac{T(\Omega_n; \delta) \tanh(\delta r_{\Omega_n})}{\mathcal{H}^{N-1}(\partial\Omega_n)} = \frac{1}{\delta}, \quad \text{where } \Omega_n := (-n, n)^{N-1} \times (-1, 1).$$

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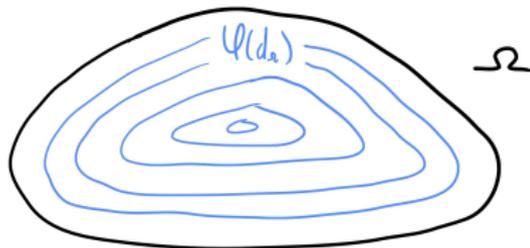
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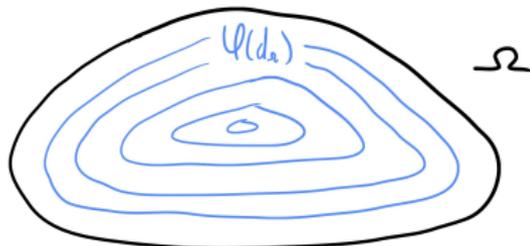
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# 1D Lemma

## Lemma

For every  $\delta > 0$ , we have

$$\alpha(\delta) := \sup_{\varphi \in W^{1,2}(I)} \frac{(\varphi(0))^2}{\int_I |\varphi'|^2 dt + \delta^2 \int_I \varphi^2 dt} = \frac{1}{\delta \tanh(\delta)}.$$

Moreover, the maximum is attained by

$$u_I(t) = \frac{1}{\delta} \left( \frac{\cosh(\delta t)}{\tanh(\delta)} - \sinh(\delta t) \right),$$

*Proof.* We rephrase the maximization problem to

$$\alpha(\delta) = \sup_{\varphi \in W^{1,2}(I)} \left\{ 2\varphi(0) - \int_I |\varphi'|^2 dt - \delta^2 \int_I \varphi^2 dt \right\},$$

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## Proof Theorem: Lower bounds for convex sets.

Without loss of generality we prove it for  $r_\Omega = 1$ .

We introduce  $\varphi(x) = u_t(d_\Omega(x))$  as test function in the torsion functional, where  $u_t$  is the solution of 1 dimensional problem. Then, by Coarea Formula and the fact that  $|\nabla d_\Omega| = 1$  a.e. in  $\Omega$ ,

$$\begin{aligned} T(\Omega; \delta) &\geq \frac{\left(\int_{\partial\Omega} \varphi d\mathcal{H}^{N-1}\right)^2}{\int_{\Omega} |\nabla\varphi|^2 dx + \delta^2 \int_{\Omega} \varphi^2 dx} = \frac{(u_t(0))^2 (\mathcal{H}^{N-1}(\partial\Omega))^2}{\int_0^1 \left[|u'_t(t)|^2 + \delta^2 (u_t(t))^2\right] \mathcal{H}^{N-1}(\partial\Omega_t) dt} \\ &\geq \frac{(u_t(0))^2}{\int_0^1 \left[|u'_t(t)|^2 + \delta^2 (u_t(t))^2\right] dt} \mathcal{H}^{N-1}(\partial\Omega). \end{aligned}$$

We have used that  $\mathcal{H}^{N-1}(\partial\Omega_t) \leq \mathcal{H}^{N-1}(\partial\Omega)$  for  $t \in (0, r_\Omega)$ , which is strict for an open bounded convex set. The result follows from previous Lemma.

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## Convex sets: upper bounds N-dim

Recall the dual formulation of the torsion problem:

$$T(\Omega; \delta) = \min_{(\phi, g) \in \mathcal{A}^+(\Omega)} \left\{ \int_{\Omega} |\phi|^2 dx + \delta^2 \int_{\Omega} g^2 dx \right\},$$

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For an open bounded convex set  $\Omega \subset \mathbb{R}^N$ , we define its *proximal radius* by

$$L_{\Omega} := \inf \left\{ R > 0 : \exists x_0 \in M(\Omega) \text{ such that } \Omega \subset B_R(x_0) \right\}.$$

Theorem: Upper bound N-dim

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Convexity implies that  $\Omega$  must coincide with the ball  $B_{L\Omega}$ . □

From the previous result, we can get the following sharp geometric estimate, involving four geometric quantities.

#### Corollary: Sharp geometric estimate

Let  $\Omega \subset \mathbb{R}^N$  be an open bounded convex set. Then, we have

$$\frac{(\mathcal{H}^{N-1}(\partial\Omega))^2}{|\Omega|} \leq N^2 \omega_N \left( \frac{L_{\Omega}}{r_{\Omega}} \right)^2 L_{\Omega}^{N-2}.$$

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Muchas gracias!